

G'CHIMNISSING NEWS

A TRUST OFFICE PRODUCTION

MAY 2019



Beausoleil First Nation

Nookmis Revenue Account

11 O'Gemmaa Miiikan
Christian Island, Ontario
705.247.8990



APRIL 25th 2019

Warm Spring Greetings Beausoleil First Nation Members,

After months of fine tuning with Nookmis staff, the Nookmis Committee, and Beausoleil First Nation Members, I'm pleased to inform you that as a member of Beausoleil First Nation, you now have access to Nookmis funds via an application and proposal process. Since the inception of the Nookmis Revenue Account, a member/departmental access to innovative community development ideas to be driven and lead by members of the First Nation has been under development. This process is now ready for implementation.

The five tenets that inspire this new process are focused on helping to see ideas come to fruition by encouraging community collaboration, contributing to community development, promoting and expanding upon community development initiatives, and increasing the opportunity to access Nookmis funds for community-based, community-driven initiatives.

This year, there are five pillars that are open to application and proposals from Beausoleil First Nation member-groups and departments and/or a collaboration of both.

HEALTH, COMMUNITY DEVELOPMENT, CULTURE, ENVIRONMENT & EDUCATION

- **APPLICATION** - under five-thousand dollars (\$5 000.00) are now open for submission in the above noted areas, and
- **PROPOSAL** - over \$5,000.00 and up to 75,000.00 - where more investment may be required a proposal will need to be submitted.

New for the 2019/2020 Applications process is the introduction of the 'Letter of Intent' process as well as the community -geared Final reporting.

Interested parties are able to submit Letters of Intent directly to the Project Coordinator for dissemination to the Nookmis Committee. Should your LOI be accepted - only then will you be able to submit a proposal application. The committee reviews applications received and successful applicants will be notified on/before May 15th 2019.

Final reporting requirements are being updated to include a community-reporting component. Projects will now be required to present their report to the community by way of at least one: Nookmis Committee meeting, BFN Trust Meeting and/or innovative electronic reporting to www.BFNTRUST.ca.

Should you require more information, a session is being planned for May 2019 to answer questions, give guidance, and offer support. The Trust Office Staff encourage you to leverage this as opportunity to work together and make something wonderful happen on our First Nation.

DEADLINE FOR LETTERS OF INTENT: MAY 9TH 2019

Should you have any further inquiries, please do not hesitate to contact Monica Mixemong or Owen Monague at the Trust Office, or by email to monica@chimnissing.ca

You can view the poster for **LETTER OF INTENT** on Page 16 of this newsletter or by visiting www.niigaaning.ca

Respectfully,

*Monica Mixemong, Nookmis
Project Coordinator*



May 2019

Aanii BFN Membership,

The Kinoomaadziwin Education Body (KEB) has been working diligently over the past several months to initiate many of the projects and activities identified in the work plans of the Anishinabek Nation Education Agreement and the Master Education Agreement.

These projects and activities contribute to the overall implementation of the agreements with Canada and Ontario. In addition, this work assists Participating First Nations (PFN) in their transitional journeys to self-governance in education.

Currently, the KEB is in the process of implementing activities under Project 10 of the Master Education Agreement's Multi-Year Action Plan (MYAP). This project sets out the implementation of the *Data and Information Sharing Agreement* between Ontario and the KEB. The agreement allows for the sharing of student data and information for specific purposes identified in the Master Education Agreement.

Some of these purposes include supporting student success and well-being, informing program planning and service delivery, and developing reports and statistics, etc.

The collection of student/parent consents is critical to the overall success of Project 10. This process involves collecting consent forms for each Anishinabek student within PFNs, both on-reserve and off-reserve.

Each PFN is responsible for distributing, collecting and housing consent forms for students/parents residing on-reserve and off-reserve. A package will be mailed to members containing the necessary consent materials for each school-aged citizen belonging to your First Nation.

We kindly ask that you to return the package to the self-addressed envelope. The education department will distribute and collect the consent form packages to on-reserve and off-reserve citizens belonging to Beausoleil First Nation.

Beausoleil First Nation is a participating First Nation, and we thank you for your support and information in the collection of the consent forms. Packages will be arriving in the mail over the next several weeks.

Miigwech,

Nancy Assance
Director of Education



ANISHINABEK EDUCATION SYSTEM

Consent Form Packages for AES Students Living On-Reserve and Off-Reserve

WHAT TO DO WITH YOUR COMMUNITY'S PACKAGES

WHAT IS THE PURPOSE OF THE CONSENT FORMS?

The consent forms will provide AES First Nations permission to share student data and information with the Kinoomaadziwin Education Body and the Ministry of Education. Data and information shared between these parties is subject to the limitations set out in the *Data and Information Sharing Agreement*. The accompanying brochure outlines some of the purposes for which data and information is shared between the parties, and the overall benefits associated to data and information sharing.

WHAT'S IN THE CONSENT FORM PACKAGES?

Consent Packages
Consent Forms for students under 16 years
Consent Forms for students over 16 years
Information Brochure
Return addressed envelope with pre-paid postage
Ticket for Fitbit prize draw

HOW WILL THE PACKAGES BE DISTRIBUTED?

Each package has been assembled and pre-stamped for delivery to AES First Nation households. Address labels for delivery to each student household will need to be applied to the envelopes by the First Nation. Once the packages have been labelled, they can be sent by regular mail to on-reserve and off-reserve households. Coordination with the First Nation's registry/membership clerk may be required throughout the labeling process, as the Band registry may hold the most accurate mailing lists available.

HOW WILL THE PACKAGES BE COLLECTED?

Students/parents who agree to provide consent will complete the enclosed forms. Once completed, the forms can be inserted into the pre-posted envelopes, which have been included in each package. The pre-posted envelopes are already addressed to return to your First Nation by regular mail.

WHAT SHOULD HAPPEN WITH SIGNED CONSENT FORMS AFTER THEY'VE BEEN COLLECTED?

As the consent forms are returned to the First Nation, the student's information will be added to an electronic database for the community's record. (Please see the attached spreadsheet example, which can be used and adapted by each First Nation.)

The original consent forms should be kept on file at the First Nation school or band office.

WHAT IS THE PRIZE DRAW? HOW WILL THE DRAW BE MANAGED FROM THE FIRST NATION?

As an incentive for students and parents submitting signed consent forms, a draw for prizes will take place in each PFN. Students and parents are encouraged to submit a draw ticket in the mail with their signed consent forms, for a chance to win a Fitbit. (one ticket per student)

Fitbits will be provided by the KEB, but the PFN will collect the tickets and conduct the draw. Winners will be notified by the First Nation, and the Fitbits may be delivered by mail or in person, by the First Nation.

For any other questions or concerns regarding the consent forms and your community, please contact the KEB office at 705-845-3634.



NOOKIIDAA 2.0 PROJECT 2019-2020

job fair

BFN ADMINISTRATION BUILDING TUESDAY, MAY 14TH 2019

9:00am to 10:00am - info session

11:00am to 12:00pm - pre-screen applicants

12:00pm to 1:00pm - lunch

1:00pm to 5:00pm - interviews

EMPLOYMENT OPPORTUNITIES

- Community Safety Officer (3 positions)
- Occupational Health & Safety/EPP (pending)
- BFN Parks & Tourism Supervisor
- BFN Parks & Tourism Labourer (2 positions)
- Gravel Pit Operator/Heavy Equipment Operator
- Gravel Pit Labourer (2 positions)
- Event Centre Maintenance Worker
- Community Engagement Liaison
- Radio Station Announcer
- Family Violence Prevention Worker
- Cedar Point General Receiver (2 part-time positions)

**GET YOUR COVER LETTER & RESUME READY
!! ON-SITE SCREENING & INTERVIEWS !!
VIEW JOB POSTINGS ON WWW.NIIGAANING.CA &
WWW.CHIMNISSING.CA (MEMBERS ONLY)**

Beausoleil First Nation

BEAUTIFICATION

COMMITTEE Call For 4 BFN MEMBERS-AT-LARGE

The Beautification Committee will assist in the planning and implementation of community beautification of Beausoleil First Nation territory.

Building upon the recently approved Nookmis Revenue Account call for BFN-Beautification, this will include open public spaces, waterfront and Cedar Point.

Please send your letter of interest to

owenmonague@chimnissing.ca

BY FRIDAY, MAY 17TH 2019

WWW.NIIGAANING.CA

MEETINGS

1-2 TIMES MONTHLY
(MIN) AS REQUIRED

INCENTIVE

Be part of a group of individuals committed to keeping BFN Territory presentable and accessible to all community members. Committee honorarium provided to members attending meetings.





**Beausoleil First Nation General
Community Meeting**

Saturday, May 25, 2019 — 10:30 am

At the Recreation Centre

Agenda Items to Include:

- **First Nations Lands Management**
 - **Local Cannabis Legislation**
 - **Dog By-Law**
- **Implementation of the Comprehensive
Community Plan (CCP)**
 - **Land Acquisition**

Lunch will be Provided

Hope to See You There

Catering Tender

Chief & Council are inviting all interested parties to submit a quote to cater the Community Meeting that is scheduled for Saturday, May 25th, 2019 at the Recreation Centre that will accommodate 250

People as follows:

10:30 am

- Coffee, Assorted Muffins & Fruit

12:00 pm

- Fresh Macaroni & Potato Salads
 - Sausage on a Bun
 - Desserts
 - Assorted Drinks

12:30 pm

Fresh Coffee

Your quote must also include Paper Plates, Napkins, Cutlery, Condiments, Salt, Pepper, Set-Up & Clean-Up.

Your quote can be dropped off at the Administration Building to the attention of Tanya Roote-Jamieson no later than Friday, May 17, 2019 at 12:00 Noon or by email at tanyaroote@chimnissing.ca

A MESSAGE FROM APS

G'CHIMNISSING NEWS
MAY 2019



(ORILLIA, ON) - A 10-year data trend analysis has revealed that 24 per cent of people killed on Ontario Provincial Police-(OPP)-patrolled roads were not wearing a seat belt.

The data means that of the 2,483 vehicle occupants who died in collisions between 2009 and 2018, 594 of them were not restrained in the vehicle. Lack of seat belt use has been a factor in 10 of the 47 deaths in road collisions so far this year (2019).

With the OPP set to conduct a provincial seat belt campaign over the Easter Long Weekend (April 19 -22, 2019), they are issuing a reminder of the important role drivers and passengers play in reducing the number of seat belt-related deaths.

"As a driver or passenger, you can do more than just buckle up. Before you head out on the road, look beyond your own seat belt. If anyone in the vehicle is not wearing one, ask them to buckle up for everyone's safety. Remind them that during a collision, unrestrained vehicle occupants may become human projectiles and pose an additional threat to other people in the vehicle, even those who are wearing a seat belt." -- **Thomas Carrique, Commissioner, Ontario Provincial Police**
vehicle." -- Jeff Yurek, Minister of Transportation

"Every time you step into a vehicle, take those first few seconds to buckle up. It's simple - wearing a seatbelt can prevent unnecessary injuries and deaths in the event of a serious collision. By buckling up and ensuring children are properly secured, you are protecting yourself and your family." --
Sylvia Jones, Solicitor General

"Seatbelts save lives and I urge all drivers and passengers to buckle up and ensure children are in the appropriate child car seat, or booster seat for their age, height and weight every time they get into a vehicle." -- **Jeff Yurek, Minister of Transportation**

QUICK FACTS (OPP-patrolled roads, 2009-2018):

Drivers (versus passengers) account for 75 percent of the total number of seat belt-related deaths. Males between 25-64 years-old account for the highest number of seat belt-related deaths among all male and female age groups.

HELPFUL LINKS

How to choose the right car seat for your child: <http://www.mto.gov.on.ca/engli.../safety/choose-car-seat.shtml>

Using the right child car seat is the best way to prevent serious injury to children in collisions. This information will help you find the right child car seat for your child's height, weight and development.

What to look for

When you buy a child car seat for use in Canada, look for the National Safety Mark label attached to the seat. This label indicates that the seat complies with Canadian regulations and standards and is legal for use in Canada.

Every child car seat and booster seat sold in Canada has an expiry or useful life date on it and should not be used past that date.

Child car seats for infants

Newborn babies and infants need special protection while in a vehicle. In a collision, a properly installed rear-facing child car seat can save your baby's life.

Ontario's *Highway Traffic Act* requires children to use a rear-facing car seat until the child weighs at least 9 kg (20 lb.).

It's best to keep your child in a rear-facing child car seat until they reach the manufacturer's recommended maximum weight and height limits. Some rear-facing car seats are made for children that weigh up to 20 kg (45 lb.)

When a child outgrows the

maximum weight or height limits of an infant rear-facing car seat, they may move to a larger convertible infant/child car seat and stay rear-facing until the child is ready to face forward.

Child car seats for toddlers

Ontario's *Highway Traffic Act* allows children weighing 9 kg to 18 kg (20 to 40 lb.) to use a forward-facing child car seat or a rear-facing car seat as long as the car seat manufacturer recommends its use.

It's best to keep your child in a forward-facing child car seat until they reach the manufacturer's recommended maximum weight and height limits.

A forward-facing car seat uses a tether strap to prevent the child car seat from moving forward and causing injury in a collision. It is important to use the tether strap exactly as the manufacturer recommends.

Booster seats

Booster seats raise children so adult seat belts protect them better. Booster seats protect children from serious injury 3-½ times better than seat belts alone.

Ontario's *Highway Traffic Act* requires children weighing 18 kg to 36 kg (40 to 80 lb.), standing less than 145 cm (4 ft. 9 in.) tall and who are under the age of 8 to use a booster seat or allows the

continued use of a forward-facing seat as long as the car seat manufacturer recommends its use. It's best to keep your child in a booster seat until they reach the manufacturer's recommended maximum weight and height limits.

Seatbelts

Seatbelts are designed for adults and older children. Children may be ready to move from a booster seat to a vehicle's seatbelt once:

- they can sit all the way against the back of the vehicle seat with legs bent comfortably over the edge and maintain this position for the entire trip
- they can have the shoulder belt flat across the shoulder and chest
- the lap belt crosses over the hips, not the stomach.

Ontario's *Highway Traffic Act* allows a child to use a seatbelt alone when any one of the following occurs:

- Child turns 8 years old, or
- Child weighs 36 kg (80 lb.), or
- Child is 145 cm (4 ft. 9 in.) tall or more

All drivers are responsible for ensuring that passengers under 16 are secured properly.

Thank you from APS!

LANGUAGE DEVELOPMENT FOR YOUR TODDLER

April-May 2019

Language development requires many skills. First to listen. Then to understand what is being said. Processing what is being said and how to respond. And then responding with action and words. Here are some quick tips to help your child build language to interact with the world around them.

TIPS ON TALKING

1. READ TO YOUR CHILD. Ask your child questions about the pictures in books. Give your child time to name things in the picture.
2. Sing simple songs and nursery rhymes with your child.
3. Ask about things you do each day—"Which shirt will you pick today?" "Do you want milk or juice?"
4. Build on what your child says. If he says "ball," you can say, "That's your big, red ball."
5. Smile or clap your hands when your child names the things that he sees. Say something about it. "You see the doggie. He's sooo big! Look at his tail wag."
6. Tell her "Show me your nose." Then point to your nose. She will soon point to her nose. Do this with toes, fingers, ears, eyes, knees and so on.
7. Ask your child to help you. Give them clear short 2 step directions. For example, ask him to put his cup on the table or to bring you his shoe.
8. Engage your child in pretend play. You can talk on a play phone, feed the dolls, or have a party with the toy animals.

If you have any concerns about your child and their development, call Erin Chiblow, Special Needs Resource Worker at 705 247 2031.

We have professional support services that come to the community and can support you navigate services.

Red Flags for Speech and Language

Speech and language development is one of the most critical school readiness skills. *Early identification is key: don't wait!*

If a child is missing one or more of these expected age outcomes, consider this a red flag.

	<p>By 6 months</p> <ul style="list-style-type: none"> <input type="checkbox"/> Turns eyes or head toward a sound <input type="checkbox"/> Watches your face when you speak <input type="checkbox"/> Smiles & laughs in response to your smiles & laughs <input type="checkbox"/> Has different cries for different needs <input type="checkbox"/> Makes sounds &/or moves body in response to you 	<p>By 9 months</p> <ul style="list-style-type: none"> <input type="checkbox"/> Responds to his/her name <input type="checkbox"/> Babbles e.g., bababa, dadada <input type="checkbox"/> Plays social games with you e.g., peek-a-boo 	<p>By 12 months</p> <ul style="list-style-type: none"> <input type="checkbox"/> Follows simple 1 step directions e.g., "sit down" <input type="checkbox"/> Gives familiar items on verbal request <input type="checkbox"/> Points to things he/she wants <input type="checkbox"/> Uses gestures e.g., waving "bye-bye" <input type="checkbox"/> Brings toys to show you <input type="checkbox"/> Looks across the room to something you point to <input type="checkbox"/> Gets your attention using sounds, and gestures while looking at your eyes 	<p>By 18 months</p> <ul style="list-style-type: none"> <input type="checkbox"/> Identifies several body parts when asked <input type="checkbox"/> Understands the concepts of "in/out, off/on" <input type="checkbox"/> Points to pictures using one finger <input type="checkbox"/> Says about 20 words consistently <input type="checkbox"/> Uses at least 4 consonant sounds e.g., p, b, m, n, d, g, w, h <input type="checkbox"/> Pretends to feed a doll/teddy or pretends a bowl is a hat 	<p>By 2 years</p> <ul style="list-style-type: none"> <input type="checkbox"/> Follows 2 step directions e.g., "go find your teddy & show it to grandma" <input type="checkbox"/> Uses at least 100 words including action words e.g., fall, eat, go <input type="checkbox"/> Combines at least 2 words e.g., daddy sleep <input type="checkbox"/> Enjoys being with other children <input type="checkbox"/> Puts 2 pretend play actions together e.g., stirring food and feeding a doll 	<p>By 4 years</p> <ul style="list-style-type: none"> <input type="checkbox"/> Follows 3 part directions e.g., "get some paper, draw a picture, & give it to mommy" <input type="checkbox"/> Uses sentences with adult-type grammar e.g., "he's going to the park now" <input type="checkbox"/> Tells a story <input type="checkbox"/> Speech is understood by strangers most of the time <input type="checkbox"/> Can act out different roles with their friends e.g., going to a restaurant 	<p>By 6 years</p> <ul style="list-style-type: none"> <input type="checkbox"/> Limited interest in toys &/or plays with them in an unusual way <input type="checkbox"/> Has lost words he/she used to say <input type="checkbox"/> Stuttering <input type="checkbox"/> Ongoing hoarse voice <input type="checkbox"/> Problems with chewing or swallowing
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Where there are concerns, the parent should contact the Preschool Speech and Language Program (705) 739-5696 or 1-800-675-1979
Adapted from Ontario Ministry of Children & Youth Services, 2007

Hello Chimnissing,

I would like to formally introduce myself as the new Parent Child Resource Worker. My name is Michelle Sunday I am the proud mother of Luca & Londyn, ages 5 and 2. I love working with children of all ages, socializing with parents and being creative through projects and crafts. I look forward to getting to know all of you a little better, I can't wait to see parents & children taking part in the up and coming activities & workshops. We're open from Mon-Thurs 8:30am-4:30pm, closed from 12:00-1:00 for lunch & Fri 8:30am-11:30pm. Located behind the Beausoleil Day Care Centre.



For more info call (705)247-2876 or email pcrw@chimnissing.ca. Thank you!

May is for Mothers!

Expecting mom's, parent's or caregiver's of children 0-6 are more than welcome to come and take part in any of the programs and activities offered, bring your little ones or even feel free to come alone. You could pop in at anytime to socialize with one and other, one on one chats or to access the emergency baby needs depot & get helpful resources. If you are not already registered, don't hesitate to call or just stop in to get started.



With Mother's Day being around the corner, I've planned some activities for mothers & children, such as crafts & DIY's. Also as a reminder, don't forget the Parent Child Resource Centre is hosting a Prenatal workshop with Gwen Medwin & guest on the 17th, as well as an information session with Sharon Monague regarding COHI on the 21st. Hope to see you there!



HAPPY BIRTHDAY



Happy sweet sixteenth to our beautiful daughter Onnika on May 24! We love u to the moon and back. *Love Mom, Dad, Wyatt & Parker.*

PARENT CHILD RESOURCE

G'CHIMNISSING NEWS
MAY 2019



May 2019 Parent Child Resource Centre

For More Information or to Register
Please Contact
Michelle Sunday—Parent Child Resource Worker
705-247-2876
Email: pcrw@chimnissing.ca

Mon	Tue	Wed	Thu	Fri
Please sign up in advance for each fun filled day you would like to participate in. Thank you!		¹ Make your own micro- wavable heating pack. 9:00-12:00	² Drop in Please call in advance	³ ADMIN DAY 8:30-11:30
⁶ Tooth fairy pillow making 9:00-12:00 & 1:00-4:00	⁷ Mommy Pampering- Nail painting & facials 9:00-12 & 1:00-3:30	⁸ Mother's Day Crafts 9:00-12:00	⁹ Drop in Please call in advance	¹⁰ ADMIN DAY 8:30-11:30
¹³ Come n' socialize Coffee & Tea 9:00-12:00 & 1:00-4:00	¹⁴ DIY Mommy & Me Matching Jersey knot headbands 9:00-12:00 & 1:00-3:00	¹⁵ Garden pot painting & planting 9:00-12:00	¹⁶ Prenatal Workshop With Gwen Medwin 11:00-1:00	¹⁷ ADMIN DAY 8:30-11:30
²⁰ Closed-Victoria Day	²¹ COHI Information Session With Sharon Monague 12:00-1:30pm	²² Newborn Mitten Making 9:00-12:00 & 1:00-3:00	²³ Drop in Please call in advance	²⁴ ADMIN DAY 8:30-11:30
²⁷ Come n' socialize Coffee & Tea 9:00-12:00 & 1:00-4:00	²⁸ DIY Lavender Mint Sugar Scrub 10:00-12:00	²⁹ Lets make yogurt bites! 9:00-12:00	³⁰ Drop In Please call in advance	³¹ ADMIN DAY 8:30-11:30



FAMILY HEALTH CENTRE

G'CHIMNISSING NEWS
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MAY & JUNE 2019 DATES FOR: BEAUSOLEIL DENTAL CLINIC

Schedule your appointment today!

Dr. Tanya Farooq – **Wednesday, May 13th 2019.** We still have 3 appointments available. Her June date is **Tuesday, June 4th 2019.**

Dr. Laurie Houston – **Friday, May 10th 2019.** All appointments have been filled, we can accommodate standby's and are now booking for **Friday, June 7th 2019.**

Jaro Wojcicki Jr. DD – **Friday, May 17th 2019.** We have 3 appointments available for our Denturist.

Patricia Armstrong RDH - **Saturday, May 4th, Thursday, May 9th & Thursday, May 23rd 2019.**

For Children's Oral Health Initiative - Tuesday, May 21st 2019.

For more information, please stop in to inquire for an information Pamphlet. We will be hosting an Information Session for COHI on this date at the Parent/Child Resource Centre from 12:00 p.m. – 1:30 p.m.

- Dr. Gregory Westman (Pediatric Dentist) from Barrie, ON will be at our Clinic on Tuesday, May 7, 2019. We have 2 more appointments available.
- April was Oral Health Month and we hosted a Colouring Contest for 6 different age categories. The winners and photos are attached to this article.
- The hygienist Patricia Armstrong and myself visited 3 classes at CIES to educate the younger grades on Oral Health and we provided tooth brushes/toothpaste/tooth keepers along with our lesson plans.

****We welcome new patients!***

Children's Oral Health Initiative

Denturist

Jaro Wojcicki Jr. DD

Dr. Gregory Westman

Dr. Tanya Farooq

Dentist

Dr. Laurie Houston

Dentist

Patricia Armstrong

**Registered Dental
Hygienist**

FOR more information or
Booking: Please contact Sharon L.
Monague

Oral Health Educator/ COHI Aide

705-247-2315 or email:

sharon.monague@chimnissing.ca

ORAL HEALTH MONTH, APRIL 2019 WINNERS OF COLOURING CONTESTS!

Winners for Adult Colouring Contest 55+

- 1st Prize – Edna King, Congratulations!
- 2nd Prize – Jackie Copegog, Congratulations!
- 3rd Prize – David Sylvester, Congratulations!
- 4th Prize – Gloria King, Congratulations!

Winners for Ages 19-55 Years

- 1st Prize – Melinda Copegog, Congratulations!
- 2nd Prize – Mariah Sandy-Monague, Congratulations!
- (We only had two participants for this age group)

Winners for Children 13-18 Years of Age

- 1st Prize – Lola Monague, Congratulations!!
- 2nd Prize – Ashton Chartrand-McCue, Congratulations!!
- 3rd Prize – Ryder Monague, Congratulations!

Winners for Children 8-12 Years of Age

- 1st Prize – Keelie Hawke, Congratulations!
- 2nd Prize – Brea Roy, Congratulations!
- 3rd Prize – Myah Rice, Congratulations!
- 4th Prize – Kadence Rice, Congratulations!

Winners for Children 4-7 Years of Age

- 1st Prize – Bryiss Copegog, Congratulations!
- 2nd Prize – Luca Sylvester, Congratulations!
- 3rd Prize – Quentin Sylvester, Congratulations!
- 4th Prize – Nayley Perrault, Congratulations!

Here are some photos of some of our talented, lucky winners from the Colouring Contest. Once again, Congratulations



- *We only had one submission for the age category 18mths – 3 Years, Congratulations to Londyn Sylvester!*
- *Thanks so much to everyone who participated!*
- *I just wanted to mention that the judges were employees of BFN (EMS) who did not know any of the participants personally or were not directly related. Miigwech for judging our contest once again.*
- *All the winners received Gift Certificates for Bayshore Variety!!*



Beausoleil First Nation Nookmis Revenue Account SPRING/SUMMER REQUEST FOR LETTERS OF INTENT

DEADLINE: MAY 9th, 2019, 4:30 p.m. EST.
No Late submissions accepted

What to include in your LOI:

A Letter of Intent acts as a 1-2 page 'Cover Letter' for your proposed project ideas.

1. **Introduction** - Your summary statement. (Who wants to do what, How much is requested, Project Scope, Timelines, etc).
2. **Statement of Need:** Explain the issue you are addressing as it relates to the RFP Pillars of Culture, Education, Health & Wellness or Community Development.
3. **Project Activity:** Provide an overview of the activities involved, organization or community collaboration, roles - highlight your approach.
4. **Outcomes:** How your project is evaluated, how to know this is achieved
5. **Credentials:** Demonstrate why your project leads can carry out the project.
6. **Budget:** Description of funding needs and total amount requested
7. **Closing and Signature**

DEADLINES:

- LOI - DUE on/before May 9th 2019, 4:30 p.m. EST
- Parties will be notified of their acceptance by May 14th 2019
- Deadline for Proposal Submission is May 23rd 4:30 p.m. EST.

USEFUL INFORMATION:

- ONLY successful LOI submissions are invited to submit proposals and apply.
- 2018/2019 stalled projects are ineligible
- You are welcome to contact the Project Coordinator for assistance

Please direct your submissions and inquiries to:

MONICA MIXEMONG

Nookmis Project Coordinator

monica@chimnissing.ca

705-247-8982

Climate Change Crossword

- In the winter, the ___ is less predicable, often making travel difficult and unsafe for Island communities.
- One day of the year where we celebrate and take care of our environment.
- The _____ is becoming more and more unpredictable.
- The _____ is projected to increase from 1.2 °C to 5.4 °C by the year 2100.
- A northern most region that is greatly impacted by Climate Change.
- Fertilizers and pesticides are harmful to the environment and it is called ____.
- Planting vegetables on a plot of land is considered what?
- Using this two-wheeled type of transportation will lessen your impacts on climate change.
- By implementing your own _____ at home, you can turn your organic scraps into nutrient rich fertilizer.
- Additives found in this everyday-use material is considered toxic to humans so it is best to switch to glass products.
- It is best to _____ so we can reduce waste and reuse materials like aluminum.
- They help us breathe easier by removing carbon dioxide from the air.
- Instead of using plastic grocery bags, we can use a _____ to carry our groceries and help save the planet.
- Activities like driving car, flying in planes, or manufacturing consumer goods contribute to climate change by emitting carbon _____ into the atmosphere.
- BFN Lands department is implementing a _____ and _____ monitoring program on the island to help mitigate and adapt to climate change.
- By switching to renewable energy, we can eventually reduce (or even eliminate) the need for _____ fuels.
- This large body of water is very sensitive to climate changes and is actually warming up.
- Due to climate change impacts and the industrialized agriculture model, global _____ security is at risk.

T	E	M	P	E	R	A	T	U	R	E
P	T	P	Z	W	V	I	A	R	Q	A
O	S	L	J	W	I	Y	W	E	X	F
L	G	A	R	D	E	N	K	U	L	O
L	W	S	E	E	P	Q	D	S	I	O
U	Y	T	T	M	C	O	B	E	S	D
T	X	I	S	I	K	Y	I	A	S	V
I	Q	C	O	S	R	C	C	B	O	Y
O	Q	A	P	S	E	R	Y	L	F	A
N	C	J	M	I	K	N	C	E	E	D
W	I	M	O	O	R	A	L	B	J	H
L	T	I	C	N	Z	E	E	A	Q	T
G	C	W	U	S	K	C	T	G	Y	R
T	R	E	E	S	A	O	Y	A	E	A
X	A	M	R	E	H	T	A	E	W	E

Rec Centre Activities Calendar

~ May 2019 ~						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2 Badminton 2-3PM	3	4
5	6 Dodgeball 6:00 PM	7 Badminton 2-3PM Archery 6:00 PM	8 Little Arrows 5-6PM	9	10	11
12	13 Dodgeball 6:00 PM	14 Archery 6:00 PM	15 Little Arrows 5-6PM	16 Circuit Training 7:00 PM	17 Movie Night 6:00 PM Rhymes for Young Ghouls	18
19	20 Rec Centre Closed	21 Badminton 2-3PM Archery 6:00 PM	22 Little Arrows 5-6PM	23 Community Pot Luck Dinner 6:00 PM	24 Prince and Princess Ball 6-9PM	25
26	27 Dodgeball 6:00 PM	28 Badminton 2-3PM Archery 6:00 PM	29 Little Arrows 5-6PM	30 Badminton 2-3PM Circuit Training 7:00 PM	31 Movie Night 6:00 PM Rumble: The Indians who Rocked the World	Notes: 😊

- Rec Centre Phone number (705) 247-2912
- Fitness Room and Spa open 7 days a week.
- Bring a bottle of water and dress for activity
- Activities are subject to cancellation.

BFN Youth Centre ~ May 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1 No Programming	2 No Programming	3 No Programming	4	5
6	7 GIRLS NIGHT 10 Spots Available 6-8 PM	8	9 Mothers Day Crafts – 15 spots available	10	11	12 Toronto Blue Jays Game 1:07 pm Call Family Services to sign up!
13 BOYS NIGHT PS4 & Switch 6-8 pm	14	15	16 Karen away Roots of Empathy Symposium	17 Karen away Roots of Empathy Symposium	18	19
20	21 YC Drop In 6-8 pm	22	23	24 Fairy Tale Ball Rec Centre 6-9PM	25 The land Kicknosway Workshop	26 The land Kicknosway Workshop
27	28 TEEN NIGHT 11+ 6-9 PM Cooking & Drop in Nachos Supreme	29	30	31		



Update of the Fire and Emergency Service Facility:

This Project started with the official ground breaking ceremony on June 4, 2018.

The first part of this project started off slowly mostly due to the uncertainty on the delivery of steel from the US which was to arrive in July, but never arrived till the middle of October. The foundations were finished and most of the landscaping was completed by that time.

As the project moved forward, weather conditions such as heavy rains, high winds cause difficulties on the construction site as well as the delivery of supplies, fuels and equipment. This was a day to day occurrence which continued in to the end of December.

As the project started up in January the weather changed drastically enough within the first few weeks that ice conditions forced the shut down the ferry system to the island, mainly the vehicle ferry. Ontario Hydro and other sub contractors were unable to provide service to the facility with heating being a major issue.

The project has now been such down as of Feb. 1, 2018 and will resume once the ferry system in full operation. A new date for the completion of the Fire and Emergency Service Facility is set for June 31, 2019.

Official Opening to be determined.

Regards,

Fire Chief
Allan J. Maniowabi



Chantel Desrochers

My name is Chantel Desrochers and my family is the Corbiere family from Honey Harbour. I have just completed the Specialization in Environmental Studies undergraduate program at Laurentian University. I was recommended by Shelley Essauce, for the position of Community Climate Change Monitoring Liaison and am very excited for this opportunity.

I have experience with water monitoring through previous summer employment with Severn Sound Environmental Association in Midland. I am looking forward to working the Lands Department and with the community as a whole.

I will be in this position full-time until the end of August, and will be working part-time until March. I am pursuing a Master of Indigenous Relations degree at Laurentian. In terms of personal interests, I am an avid gardener, a longbow archer and a traditional beading enthusiast.

Greeting Chimnissing,

My name is Scott Simpson and I am the sole proprietor of Spirit Fit. I have been an independent personal trainer for over 10 years and consider myself to be a fitness professional on the red road of recovery. I took the Aboriginal BEST program in at the Native Canadian Centre of Toronto, which was months of planning and writing up a business plan and competing with others. The Aboriginal BEST business program is run by CCAE and is a Canada wide run program.

Spirit Fit is a fitness and wellness business offering mobile training, studio training, retreats, outsourced teachings, open sharing and goal setting.



Spirit Fit came 1st place in the competition against all the other businesses this past month. I am involving Christian Island with my business in a few ways such as the creation of the Spirit Fit Camp (under construction), writing up a business proposal to Christian Island and bringing business to anyone offering positive goods or services on the island.

The BEST business program was a great experience and would highly recommend it to anyone who wants to start or improve their business.

Pregnancy & Opioids

You're invited to talk about what happens when babies are exposed to opioids during pregnancy

(opioids are drugs such as codeine, methadone, oxycodone, heroin, and fentanyl)

Are you a:

- health care or social service provider
- teacher
- early childhood educator
- community leader or elder
- person with lived experience related to prenatal opioid exposure (e.g., a parent, grandparent, caregiver, friend, or family member)
- person who cares about maternal and child health



If so, we'd like to hear from you. This project involves:

- Sharing your thoughts in a focus group with other people in your community or in a private interview
- Approximately 2 hours of your time
- Helping children, families, and your community

Refreshments and a thank you gift will be provided.



This project is supported by Chief & Council.

For more information, please contact:


Beausoleil Family Health Centre – Angela Bradley
(705)247-1020
abradley@chimnissing.ca

Aggie Mazzucco
Project Manager & Research Coordinator
437-221-5555
research@nhct.ca

You must be 18 years or older to participate.

Project partners:





**Are you a
person of
Indigenous
ancestry that
has been
affected by
cancer?**

Indigenous Patient Navigator
Simcoe Muskoka Regional
Cancer Program

Indigenous Patient Navigator Services Offer:

- Help to access health care support and services at home
- Coordination of Traditional non-Traditional community resources and healing
- Indigenous guidance and counselling support before, during and after clinical appointments
- Liaison/support between the care team, patients and families
- Advocacy on behalf of patients
- Assistance with care planning
- Advocacy for respectful end of life care that is focused on the individual's goals and wishes

**To access the Indigenous Patient Navigation Service,
please contact:**

Simcoe Muskoka Regional Cancer Program
Royal Victoria Regional Health Centre
201 Georgian Drive Barrie, ON L4M 6M2
tel (705) 728-9090 ext. 43133

**The Indigenous Patient Navigator provides
culturally and spiritually relevant support
for Indigenous patients and their families
throughout the cancer journey.**

C.I.E.S. EVENTS

G'CHIMNISSING NEWS
MAY 2019

“The students at CIES are learning how to prepare and cook traditional foods. Students will be making Moose burgers and stakes, wild rice, and they are learning how to prepare Canadian Geese” with the Great Lakes Culture Camp!



MNA BMAADZIJIG

G'CHIMNISSING NEWS
MAY 2019

Make a Mess Art came to the school April 24th to paint with the students! Everyone did an excellent job and had so much fun! The kids should be very proud of their work!



**Swing into May!
Join us to Play!**

Badminton

Tuesdays & Thursdays

starting May 2nd 2019

@ the Rec Centre

2 pm - 3 pm

Hosted by Gwen Medwid

**Call to sign up:
705-247-8939**





COMING SOON TO MNA BMAADZIJIG



WHEN CHILDREN PLAY THEY:

- ↳ imagine and create
- ↳ master physical skills
- ↳ cooperate and negotiate
- ↳ solve problems
- ↳ talk and learn with friends
- ↳ learn to make decisions
- ↳ explore with their senses
- ↳ observe and investigate
- ↳ burn calories
- ↳ develop motor skills

NEW

PLAYGROUND STRUCTURE



SPRING BAZAAR

Saturday May 4, 2019
9:00am- 4:00pm
At the Recreation Centre

Cakes, pies, books, jewelry,
moccassins, tupperware, epicure
and so many more! There is
something for everyone and
everyone is invited.

Vendors still welcome, message
Maggie for details.

UPCOMING EVENTS

G'CHIMNISSING NEWS
MAY 2019

Red Road to Recovery Workshop



Please join us for a 9-week program that uses the medicine wheel teachings and truths to guide individuals and/or their family members along a good path.

The only requirement is that you respect the cultural approach and that you are willing to change for yourself.

TUESDAY May 7, 2019

Light Refreshments AT 5:30

6:00 PM TO 8:00 PM

LOG CABIN

75 Kiiwedin Miikaan

Please register with Erica or Saundra
@ 705 247 2391 or ericamartin@chimnissing.ca
sdickson@chimnissing.ca



MOTHERS DAY WITH THE JAYS!

SUNDAY MAY 12, 2019

Come and spend the day at the field with your Family! Limited spaces available!

Please call: 705 247 2175 to sign up!

Transportation & Tickets Provided

Sponsored by: Beausoleil Child and Family Services



**CALLING ALL ROYALTY!
YOUR PRESENCE IS REQUESTED
AT THE FAIRYTALE BALL
FRIDAY MAY 24 @ THE REC
6-9PM**

MUCH MUSIC VIDEO DANCE

COSTUMES ARE ENCOURAGED

Chimnissing Ziigwan Fasting Camp



For those who are interested in fasting.

Fasting teaching
with Hector Copegog
the date will be post
as it will be
determined

Fasting dates
May 23 to 25, 2018
Celebration feast
May 25, 2019 @ noon

Please for more information contact:
Erica @ 705 247 2391
email ericamartin@chimnissing.ca

CREATORS GARDEN

with
Joseph Pitiwanakwat



You're invited to learn about our local medicinal plants, their many uses, harvesting, sustainability & preparation techniques.

Fresh made medicinal teas will be available for everyone to try in the evenings; as well as snacks, juice and water.

Don't forget to bring your mason jars if you plan to take some tea home.

Transportation can be arranged for seniors & disabled.
Please contact Family Well Being Program to book in advance.

Please come join us for fun & engaging learning sessions!!

May 7th - 9th , 2019 (Tues. - Thurs.)

Medicine Walks @ 9am - 3pm (daily)

Meet up location: OW Office

*Tea Time - Social Event @ 6pm - 8pm
(Tues. & Wed.)*

Location: Senior Centre



Contact Tiffany King
for more information.

705-247-2175

Family Well-Being Program

ANISHINAABEMOWIN TRANSLATION DISCUSSION

All fluent BFN Anishinaabemowin speakers are invited to come out to a special translation discussion regarding BFN historic names and places

This discussion will take place in the Council Chambers at the BFN Administration Building on Monday May 13, 2019 from 9:30am—3:00pm

LUNCH WILL BE PROVIDED

For members interested in attending who aren't fluent speakers space will be made available for you to participate.

To sign up please contact the Heritage and Cultural Coordinator by 11:30am, Friday May 10, 2019



Beausoleil First Nation

Nookmis Revenue Account
Heritage and Culture Coordinator
Clayton King
Eleven O-Gemaa Miikaan
Christian Island, ON
L9M 0A9

Phone: 705-247-2051, Cell: 705-500-3480

Email: claytonking@chimnissing.ca



UPCOMING EVENTS

G'CHIMNISSING NEWS
MAY 2019



COFFEE ON THE LAKE

FRIDAY'S IN MAY BEGINNING
MAY 10TH @ 6:30 TO 8:30 PM
AT THE LOG CABIN

Activity for May:
Feather Cases Workshop

An open dialogue gathering and evening social for
anyone wishing to participate in an evening free of
substances.

Limited Space. Please sign up in advance.



Community
Wellness
Programming

Evening Social
Gathering

Anyone can attend

Bring your slippers

Snack Potluck
Coffee & Tea
Provided

CONTACT:

Tiffany McCue
(705) 247-2439
tmccue@chimnissing.ca



WEDNESDAY EVENINGS

AT THE LOG CABIN
BEGINNING WEDNESDAY, APRIL 24
3:00 PM TO 5:00 PM

BUFFALO RIDERS

Together, NNADAP and the Mental Health Team will be
providing the program to community member's
wishing to enhance their awareness of identity,
understanding both their emotions as well as develop
more tools for alcohol and drug prevention and
postvention.



Adult Program

Emotional Literacy
Development

Tools for
maintaining
Wellbriety

Refreshments
Provided

Certificates &
Giveaways for
Completion of
Program

CONTACT:

Tiffany McCue
(705) 247-2439
tmccue@chimnissing.ca
or
Saundra Dickson
(705) 247-2391
sdickson@chimnissing.ca



APS BBQ CELEBRATES POLICE WEEK SATURDAY, MAY 11, 2019

If you are caught wearing your seatbelt properly, and helmet and any other
safety item you require to be safe you will receive a ticket to be put into a
draw for some great prizes. Prizes to be drawn May 18, 2019.

PAVILLION FROM NOON UNTIL 2:00PM

Please join us for Hot Dogs, Greet and Meet

TICKETS TO WIN PRIZES

See you there!

INFORMATION SESSION

CHILDREN'S ORAL HEALTH INITIATIVE



Date: Tuesday, May 21st 2019

Time: 12:00-1:30 p.m.

Where: Parent/Child Resource Centre

Luncheon

(Pancake & Fruit Brunch)

Free Oral Health Products

Excellent Door Prizes

(Laundry Basket filled with Surprise Items)

Bingo Game & Memory Game



Who can participate?

Expectant moms, parents, grandparents, caregivers with children ages 0-7)

Facilitators

Patricia Armstrong, Registered Dental Hygienist

Sharon Monague, Oral Health Educator/COHI Aide



COMMUNITY Pot Luck DINNER

**Thursday, May 23rd
Recreation Centre
6:00 P.M.**

OPEN TO THE COMMUNITY

**Bring your favorite dish to share
a meal with one another**

Contact:

Dan Peters

E: recreation@chimnissing.ca

O: (705) 247-2912

Please bring allergy warnings

Partnership With Ontario Works



THE LAND KICKNOSWAY



HOOP DANCING WORKSHOP WITH AWARD
WINNING HOOP DANCER & MMIW ADVOCATE

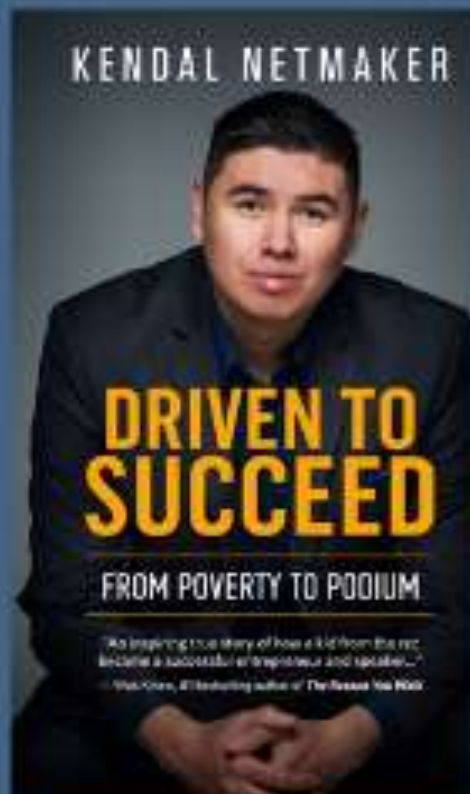
SATURDAY, MAY 25TH 2019
MULTI PURPOSE ROOM - CIES

SUNDAY, MAY 26TH 2019
RECREATION CENTRE GYM

CHILDREN/YOUTH AGES: 6+
PARTICIPANTS WILL HAVE THE OPPORTUNITY TO MAKE THEIR
OWN HOOPS AND LEARN THE DANCE AND TEACHINGS
PARENT/GUARDIAN PARTICIPATION IS REQUIRED
LUNCH AND MATERIALS WILL BE PROVIDED

Monday, May 13, 2019 at 6:00 pm
Christian Island Rec Centre

- Take Control -
- Shift Your Mindset -
- Change Your Circumstances -



FOR MORE INFORMATION:
Email: monica@chimnissing.ca
Phone: 705-24-8982

Light Snacks & Refreshments will be served

There are currently several ways we are attempting to engage BFN Membership, both on and off reserve. Here's how we currently distribute information amongst our membership:

Communication Blasts: We will continue to send regular updates on a bi-weekly basis via email blast so if you are not signed up for our email blasts, please contact Joseph using the contact information below.

Marquee Boards: We will continue to update the marquee boards (Cedar Point & Christian Island) with important dates, announcements, events, etc.

Staff Communication: Notices, meetings, announcements, etc. are shared with all BFN staff through an internal email distribution list. Staff will then share the information (if necessary) at their office.

Facebook Pages: @NishRadio101.3 & @ G'Chimnissing News are our Facebook Pages, stay connected!

G'Chimnissing Newsletter: The newsletter will now be produced on a bi-monthly schedule. See below for the submission deadline and release dates. We are always looking for Community input and feedback, so if you have a story to share, please email us.

Mail Outs: What a rare form of communication. If you still prefer this method, please let us know by emailing communications@chimnissing.ca

G'Chimnissing News is on Facebook!
Starting on April 15th, The BFN Trust Office
will be streaming live on Facebook every
Monday morning! Our team will be
providing all the latest BFN information
and upcoming community events. Like us on
Facebook to join our weekly updates:
www.facebook.com/ChimnissingNews/



Answer Key: 01. Ice, 02. Earth Day, 03. Weather, 04. Temperature, 05. Arctic, 06. Pollution, 07. Garden, 08. Bicycle, 09. Composter, 10. Plastic, 11. Recycle, 12. Trees, 13. Reusable bag, 14. Emissions, 15. Wind and water, 16. Fossil, 17. Ocean and 18. Food

CONTACT US!

For more information regarding Niigaaning Trust or Nookmis Revenue Fund.

G'CHIMNISSING NEWS

11 O-Gemaa Miikan

Christian Island, ON, L9M 0A9

Tel: 705-247-8989 Email: communications@chimnissing.ca

Visit us on the web at www.niigaaning.ca or chimnissing.ca

